

Spring in Helensburgh

A 40 Bar Reel for Three Couples

- 1-8 First couple set to each other and cast off two places, pass each other by the right shoulder below third couple and cast up to second place on opposite sides. Second couple step up on bars 7-8.
- 9-16 First lady giving left shoulder to second man and first man giving right shoulder to second lady, second, first and third couples dance reels of three on the side lines.
- 17-24 First lady giving left shoulder to third lady dances a reel of three across the dance with the third couple while first man giving left shoulder to second man dances a reel of three across the dance with the second couple. On bars 15-16, first couple approach one another and pull their right shoulders back to finish facing first corners.
- 25-36 First, second and third couples dance the movement 'dance to corners and set', starting with first couple passing their first corners with the right shoulder while second corners set, until first couple meet again in the middle and second and third couples have progressed half-way round the set.
- 37-40 First couple turn with the right hand to finish in second place WHILE second and third couples dance clockwise half-way round the set to finish in first and third places.

First couple repeat from second place.

Notes: The movement 'Dance to Corners and Set' is danced as described in the Courage Reel by John Drewry in the Canadian Book of dances.

Caringbah Strathspey, devised by Colin McLeod

- 1-4 1st, 2nd and 3rd cpls set, 1st cple cast one place 2nd cple step up
- 5-8 1st cple dance 3 hands across (right hand) lady with 2nd cple, man with 3s
- 9-12 1st cple dance half reels 3 across. Lady right shoulder to 3rd man, finish 2nd place opposite side, and man right shoulder to 2nd lady finish 2nd place opposite side. All now on opp side order 2-1-3.
- 13-16 Half reels 3 on sides, lady dancing in and up, man in and down (ie left shoulder half reels). Order now 3-1-2.
- 17-24 All 3 cpls set and link twice back to own sides. 1st and 3rd cpls finish facing each other, order 2-1-3.
- 25-32 All 3 couples dance Grand Chain.
Repeat from 2nd place. (Music for Capetown Wedding used.)